

Sleepy Eye Public School Weight Room Policy

The main purpose of the school weight room is to provide an opportunity to Sleepy Eye Public School student athletes/students to improve their conditioning skills. The weight room must be adequately supervised at all times by school district approved personnel. The weight room may be open to the public and school district staff during non-instructional hours, as long as school district approved volunteers are available to supervise. The hours for the open weigh room will posted at the community education office.